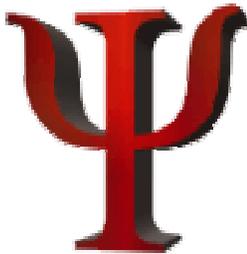


January 2012



Clinical Psychology of Women Newsletter

President's Column

Dear Colleagues,

This has been an incredible year of accomplishments for Division 12, Section IV. Some of the great accomplishments we have experienced include:

- A year of working with *outstanding people*
- A year of *increased membership*
- A year of *networking and mentoring* of early career psychologists
- *Presentations* of serious topics impacting women psychologists at the annual APA Convention
- The introduction of a *new program* that will identify and honor four influential women psychologists on a yearly basis. The top women in psychology

program will honor those female psychologists who are making a positive difference in the profession of psychology. For a more detailed description of this novel program, please see page 9 of the newsletter.

Where there is a beginning; there is an ending. For twelve months, we have dealt with a variety of organizational issues while maintaining our direction. The section provided a great group of team officers. Each member of the team was loyal to the section, put the section first, and provided strong role models that bode well for our future.

It has been my pleasure to serve as your president. I am sure the new leadership will continue to embrace and



expand the program. Thank you for your support and contributions.

Sincerely,

Dr. Dorothy Tucker,
President,

Section IV, Division 12

Inside this issue:

Section Minutes	2
Reports	3
New Feminism	4
Reflection	5
Member Profile	6
Division Rep. News	7
Programming	8
Top Women in Psych Program	9
Officers	10

Minutes of APA Division 12, Section IV

Minutes of APA Division 12, Section IV, APA Convention 2011

Call to Order

Thanks for taking the time for coming and for serving

Roll Call

Introductions and positions

APA Convention/ Plan/Schedule/Meeting/Presentations/Reception

Attendees: Lynn Collins, Elaine Burke, Kalyani Gopal, Dorothy Tucker

Committee Reports: (1) Awards, (2) Membership, (3) Treasurer, (4) Newsletter, (5) Communication/ Meeting Schedule, and (6) APA Convention/Plan/Schedule/Meeting/ Presentations/Reception

Membership: Theo will be sending the current membership roster to Lynn Collins to update the ListServ. The Section is currently at 97 members. The **Goal** is 100% membership dues by August 2011.

-Dorothy suggested we identify women in different divisions and honor them for work in women's issues. We need to send emails to different ListSers. Lynn Collins suggested that we could give them complimentary membership and coverage in our newsletter. We can have one each month. Focus needs to be on clinical psychologists and dissertation awards. Dorothy will look into this. Deadline will be the first nomination will be in the Fall - November 1, 2011.

-Membership drive for 2012: To increase membership each referral would be a raffle for a book for those members who nominate each new member.

-We will be ordering ribbons for next year.

-Considered co-chairs and nominated Patricia Jones-Blessman, Ph.D. as membership co-chair, as promised to Theo about not overwhelming one person with membership drive responsibilities.

Newsletter/Communication/Meetings/Presentations/Plan:

-Div 12, Sec 4 Suite time will be used next year for social hour.

-We need to contact members who have not renewed to renew

-Quarterly Online Journal - 2 times a year inviting articles - theme of each journal

-Email the ListServ and membership roster

-Additional Reports from Treasurer, Membership were presented separately.

APA Convention 2012 Symposium Topics:

-Women in different cultures and how they experience trauma

-Balancing work and home life across the cultural and developmental lifespan

-Impact of Sex -Trafficking

Meeting Adjourned.

Submitted by,

Kalyani Gopal, PhD, HSPP

Secretary, Section IV, Division 12

Make sure to find us on LinkedIn to connect, create and continue dialogues about important issues.



**FIND US AT
WWW.LINKEDIN.COM**

**Treasurer's Report:
Account Summary as of October 11, 2011**



*Stay tuned for
the launch of the
new Section IV
website!*

Assets

Cash and Bank Accounts

Checking	\$1,213.81
----------	------------

Savings	\$11,961.75
---------	-------------

PayPal Account	\$175.16
----------------	----------

Total Assets	\$13,350.72
--------------	-------------

Liabilities and Equities

Liabilities	\$0
-------------	-----

Equities	\$13,350.72
----------	-------------

Total Equities and Liabilities	\$13,350.72
--------------------------------	-------------

Cristina Magalhaes, Ph.D., Treasurer

Membership Updates

Hello from **Membership Land!** By now, many of our members have received at least one e-mail asking them to renew their membership to Section 4. Yearly membership dues are \$15.00 for professionals and \$5.00 for students (U.S. currency). If you have yet to renew, I hope you'll consider renewing your membership to continue being a part of our dynamic professional community that provides a space to understand the issues that impact research, scholarship, practice, and advocacy surrounding issues of relevance to clinical psychology that disproportionately impact women. With your renewal, we also hope to continue building a home for psychologists to promote topics of importance in addressing and understanding the psychology of women.

We on the board of Section 4 know that there are many valuable demands on your personal and professional finances. When deciding on whether to renew, we hope you'll reflect on our section's history. Originally, this Section was established for clinical psychologists dedicated to increasing scientific understanding of those aspects of clinical psychology that pertain to women; to promoting the development of models for the deliv-

ery of service to women; to increasing the quality of educational and training opportunities for women in clinical psychology; to advocating on behalf of women clinical psychologists with respect to formation of policies of the Division; and to the development of the subspecialty of clinical psychology. Such goals brought a group of people to promote equality, and we hope you'll aid us in continuing such a mission.

“So, what does my membership buy me?,” you might ask. **Some of the benefits of membership are:**

- Receiving copies of section newsletters with up-to-date articles, book reviews, and job announcements.
- Gaining opportunities to serve as officers and committee members of Section IV.
- Supporting convention programming opportunities and social/conversation hours.
- Receiving opportunities for mentoring, career information and networking opportunities from/with established psychologists with expertise in Women's Issues.
- Accessing information to nominate your faculty, students and Section members for Section IV Awards.
- Continuing Education Programs which

will earn you CE Credits

- Entering into APA governance.
 - Supporting our section's collaboration efforts with other Sections of Division 12.
- Accessing joint membership opportunities with other Div 12 Sections at a reduced rate.

If you are previous member of this section, check your inbox for an e-mail from our PayPal account giving you instructions on how to renew your membership by paying dues to our account. To renew, follow the simple instructions within the e-mail and you're all set for another year of outstanding membership benefits with our section. The Section would benefit from your membership in advancing our focus on the clinical psychology of women.

If you are not a member and would like to join, contact me. If you have any questions about renewal or about membership in general, please feel free to contact me at (626) 270-3381 or tburnes@alliant.edu.

Have a wonderful holiday season and a joyous new year!

Theodore Burnes, Ph.D., Membership Chair

Quotes Regarding the New Feminism

Continuing our discussion on the New Feminism, please enjoy some quotes from individuals writing on the topic.

“As women, we must not be swallowed up by a culture that tells us there’s no real difference between men and women, nor can we succumb to a society that demeans women for their feminine distinctiveness. Rather, let us always keep in mind that every woman’s journey is to live her feminine genius in an original and unique way, so as to bring into being that which never existed before - human life, spiritual life, and the fullness of emotional and cultural life.”

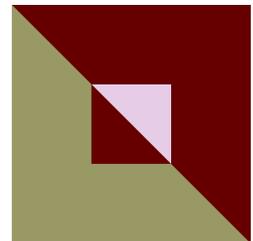
Katrina Zeno, Every Woman’s Journey: Answering “Who Am I” for the Feminine Heart, 2005

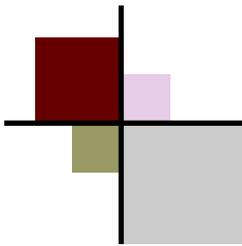
“Thus, we must bring to every struggle undertaken in the name of a new feminism an acute sense not only of women's rightful place but of the well-being of others. While wholeheartedly supporting true equality for women in all arenas, we must also attend to the needs of those who are affected by our actions -- most especially the needs of children. ... New feminism must also remember that men are profoundly affected by the path of women's lives. It never adopts an "in-your-face" attitude but remembers that true freedom for women respects the dignity of males as well. Think of the progress that could be made in respect for women if men were seen always as partners, not adversaries!

“A new feminism also remembers that it is a waste of time to rail against objective truths. Trying to be free of our bodies' reproductive abilities or of the emotional consequences of promiscuity is as futile as trying to be free of gravity.”

“A New Feminism”, Helen Alvare, Liguorian May 1997

If you have a quote you would like to share or have a comment on one of the above quotes please feel free to send your response to Anna Karas: akaras@alliant.edu.





Women in Media: A Reflection

I grew up watching cartoon based films featuring beautifully “perfect” female characters that always seemed to be in the process of reaching some sort of goal. Cinderella wanted to go to the ball...and she made it. The Little Mermaid wanted to walk on land in order to meet her prince...and she reached her goal. I cannot accurately recall what Snow White wanted out of life, but I know she was saved by a prince. All of these heroines were young and beautiful by societal standards. Most of their adversaries were also women, usually out-casted or deemed unattractive.

What I did not realize while watching these films is how even though the female characters were spirited, determined, intelligent and hard-working they all seemed to play a subtle second fiddle to the role of the more stereotypically masculine character. I have always had a vague idea about how media influences young girls and women, but it did not become glaring obvious to me

until I watched a documentary called *Miss Representation*.

Miss Representation is a documentary by Jennifer Siebel Newsom that premiered at the 2011 Sundance Film Festival. What I found most interesting about the documentary is how it linked the media’s misrepresentation of women with the underrepresentation of women in positions of power or influence.

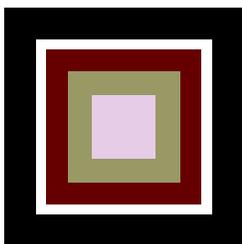
The documentary also focused on how men and women, girls and boys are inundated with ideas that a women’s worth comes from her appearance, sexuality, and youth. This made me think about commercials, reality television and even news series that aid in continuing this cycle of influence. When I watch television or browse the Internet I am inundated with stereotypical advertisements that contain underlying messages about what it means to be masculine or feminine. The documentary also caused me to think about my younger brother, who received the same messages from media

that I received. Yet, I sense that in my family it is more acceptable for me, as a woman, to express more stereotypical masculine traits than it is for my brother to express more stereotypically feminine traits.

This reflection piece was created to spark thought and interest regarding women’s roles in media. My reflection was partly triggered by viewing a documentary that is independent of this section. It also made me wonder how I can personally and professionally reduce the negative impact that some media may have on people of all ages and genders. I feel one of the first steps is having open discussions among friends, family members and colleagues about the subject.

Anna Karas, M.S.
Editor, Section IV,
Division 12

“The first problem for all of us, men and women, is not to learn, but to unlearn.”-
Gloria Steinam



Member Profile

Dr. Cristina Magalhaes, Section IV Treasurer



Dr. Magalhaes began her career as a psychologist in Brazil where she received her Licenciatura em Psicologia from Faculdade Maria Thereza and her Art Therapy Certification from Clinica POMAR in 1989. Dr. Magalhaes immigrated to the United States as an adult professional with years of mental health service as a clinician in both social services and within a state mental hospital in Brazil. In the United States, she received a M.S. in Clinical Psychology in 2000 and a Ph.D. in Clinical Psychology in 2005 from Nova Southeastern University in Florida. Dr. Magalhaes has held positions as clinician in both private practice and community mental health organizations. She holds an adjunct faculty member position at Nova Southeastern University since 2001 and has been a core faculty member at the California School of Professional Psychology since 2008.

Dr. Magalhaes is active in several professional organizations and is currently the treasurer of APA, Division 12, Section IV. She is a fellow of the Rockway Institute for LGBT Psychology, a member of the World Professional Association for Transgender Health, and a member of the Society for Behavioral Medicine. Dr. Magalhaes is committed to creating a positive impact in the community. She volunteers for the HIV and Drug/Alcohol Task Force in Los Angeles County, CA and recently aided with the production of the Vagina Monologues at Alliant International University, Los Angeles. From 2008 to present she has been involved with the Friends of Project 10 (LGBT Youth organization) in Los Angeles, CA; and, during her career in Florida she provided community service for the Safe Community Initiative and the Infant Mental Health Task Force.

Dr. Magalhaes is the author and co-author of several professional presentations and publications. Most recently, she and colleagues provided an oral presenta-

tion titled "Feminine Identity: Transgender Women's Perspectives" at the World Professional Association of Transgender Health in Atlanta, GA. Dr. Magalhaes has several areas of interests related to the field of psychology including psychology of gender and transgender mental health, instrument adaptation for cross-cultural assessment, child and family psychology and expressive arts therapy, and clinical biofeedback.

A Special Sit Down with

Dr. Magalhaes

(Q) What do you enjoy most about your profession?

"There are so many things one can do professionally as a clinical psychologist!" Dr. Magalhaes stated that she had the opportunity to engage in different professional activities during her career and take on different roles, including being a clinician, supervisor, administrator, researcher, and teacher. She enjoys working in large organizations and interacting with different people. In describing her career thus far she stated, "It has been a great journey."

(Q) Why is it important to have a section dedicated to topics related to women?

Dr. Magalhaes explained that her interest in women issues stems from her clinical work and her personal experiences related to immigration. She stated that when she migrated from Brazil to the United States, she witnessed many differences in gender roles across cultures, and this experience ignited her interest in the social and cultural bases of gender. Working with other immigrants, she also observed that the experience of immigration led to a re-definition of themselves in regards to gender which impacted people's relationships and family dynamics. Her research with trans-

gender women explores feminine gender from the unique perspective of individuals who transcended social expectations regarding gender expression to feel congruent with their subjective experience of gender.

(Q) What is your hope for this Section in the next couple of years? Dr. Magalhaes stated, "I would like to contribute to growing the section."

(Q) Do you have any advice or suggestions for graduate students or early career psychologists?

"Take pride and joy in the journey itself and enjoy your experiences. You are always going to be changing and evolving. The fun of this field is to take pleasure in all the different roles we take as we evolve in our careers."

(Q) What are some of your favorite hobbies?

Dr. Magalhaes enjoys singing, playing the piano and creating art. She has integrated her interests in the arts into therapy and currently teaches an art therapy course for graduate professionals at California School of Professional Psychology, AIU.

References:

Magalhaes, C., Magalhaes, E., Theodore, P., Katz, D., & Duran, R. (2011, September). Feminine identity: Transgender women's perspectives. Oral presentation, World Professional Association of Transgender Health Conference, Atlanta, GA.

"You are always going to be changing and evolving. The fun of this field is to take pleasure in all the different roles."



Division Representative News: American Psychological Association Meeting

The Division 12 Meeting was held on August 7, 2011 in Washington, D.C. during the American Psychological Association Meeting. No formal minutes were completed, but there were several topics discussed.

One issue discussed was in regard to the expectation by the American Psychological Association that clinical programs strive to have 75% of their students attend APA approved internships. There was an intense discussion about this issue. One relevant concern is the lack of sufficient APA internships for students who are applying each year. Some agencies are not able to achieve or maintain APA accreditation due to limited funding. This representative voiced a concern that students from lower income backgrounds (including ethnic minority students) might be adversely affected by this expectation due to the expense of applying and potentially moving nationwide (which is often required to secure an APA internship). Women with children may also not have the ability to leave their children for an internship outside of the area. Dr. Wedding stated that he thought that the group should not be against encouraging APA internships for students as good standards of training are important. However, he also thought that the board members had discussed some relevant concerns. He recommended that the board not endorse the expectation of 75% of students from a program attending APA approved internships, but also did not indicate that they were against it.

Another issue that was discussed was preparing students to work in international settings. There were concerns that training programs are not adequately training students for international work and may also not be adequately training international students. One question was why programs are not teaching the ICD form of diagnostic evaluation. Some board members thought that if a student learned the DSM form of diagnosis that they would be able to use the ICD. Other board members thought that there were differences and that students should be exposed to the ICD. This representative recommended that there be discussion with training programs regarding the inclusion of the ICD diagnostic system in their training.

The next meeting of the Division 12 board will be the Mid-Winter meeting in Memphis, Tennessee on January 7-8th, 2012.

Respectfully submitted,

Elaine A. Burke, Psy.D.

Section 4 Representative to Division 12

Programming Discussion for 2012 APA Convention

Section Symposia for APA Conference 2012 in Orlando, Florida

We are pleased to announce the following two symposia (which are sponsored by the section) that will be presented during the APA Convention next summer: Caretaking Responsibilities and Sex Trafficking of Women

Title of Symposium: Women Psychologists: Balancing a Career and Intensive Caretaking Responsibilities

Length: 1 hour

Chair : Elaine A. Burke, Psy.D.

Panelist 1: Carol Goodheart, Ph.D. (Chronically Ill Children)

Panelist 2: Martha Banks, Ph.D. (Disability)

Panelist 3: Sara Honn Qualls, Ph.D. (Aging)

Discussants: Kalyani Gopal, Ph.D., Elaine A. Burke, Psy.D.

Summary:

Women throughout the world have traditionally been the primary caretakers for family members who require a lot of care. Increasingly more women have entered and stayed in the workforce, yet due to long-standing gender roles (which include preparing women for caretaking roles as well as the expectation that they perform these duties) they are still the principal caretakers for their families. Women who are clinical psychologists often work with women clients who are primary caretakers and encourage them to balance this role with their career, as well as self-care.

What happens when the woman who is involved in substantial caretaking is a psychologist? There is an expectation by society (and most likely the woman herself) that as a psychologist she should be better able to handle challenging caretaking responsibilities and a career. There is also an expectation that she will always be able to be patient, objective and meet the needs of the individual she is caring for. But, how does that care impact her career as a psychologist, and her own needs? This symposium will address women's roles as both psychologists as well as caretakers for three populations: 1) children with special needs; 2) Persons with a Disability; and 3) Aging parents or other aging family members. Through an exploration of this important area, women psychologists may improve their ability to balance these dual roles, and their colleagues may also achieve a better understanding of the challenges that these women experience. Women psychologists in intensive caretaking roles may also develop more insight based upon their own experience which could result in better treatment for their clients who are caretakers

Caretaking Symposium Presenters

Dr. Goodheart is an APA Past President whose Presidential Initiative (2010) was on caretaking. Another panelist, Dr. Sara Honn Qualls was on the Caretaking Task Force. Dr. Martha Banks is a Past President of Division 35 (Women) and has written many books and articles on issues related to disability. The section is honored to have these distinguished psychologists present and we hope that you will be able to attend!

(continued on page 9)

*The Top Women
in Psychology
Program will
recognize female
psychologists
who are making
a positive
difference!*

Top Women in Psychology Program

The Top Women in Psychology recognition program, will honor those female clinicians and researcher psychologists who are making a positive difference in the field of psychology. The program will honor four women yearly recommended from those quarterly presented by the sections and divisions within APA.

The Section will review the recommendations and judge them based on the following criteria.

CRITERIA

Has the nominee:

*Successfully served as a leader for women's issues within their divisions and sections

*Shown the ability to effect change in the field of psychology of women.

* Demonstrated a willingness to share expertise with other sections and divisions on women's issues.

* Served as a role model or mentor to other female psychologists

*Assumed a leadership position outside of the nominee's division or section.

NOMINATION PROCESS

1) Each division or section will be contacted and will be asked to identify one woman for the honor and to send a detailed letter to thoroughly explain how the candi-

date meets or exceeds the four criteria

2) The selection will occur every three months.

3) Each honoree will receive coverage in our section newsletter in addition to complementary membership into the section

Submissions must include the nominee's resume or curriculum vitae and a color photo. The material should be sent to:

Dorothy M. Tucker, Clinical Psychology of Women P.O. Box 62309, and Los Angeles, CA 90062 or

drtucktrck@sbcglobal.net

APA PROGRAMMING (CONTINUED)

Title of Symposium: Sex Trafficking of Women: Reframing Global and Domestic Trends and Evidence-Based Treatment Strategies

Length: 2 hours

Chair: Kalyani Gopal, Ph.D., HSPP, FACAPP

Presenters:

Panelist 1: Nancy Sidun, Ph.D. (Global Issues)

Panelist 2: Janet Chandler, Ph.D. (Domestic Issues)

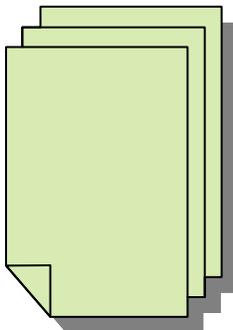
Panelist 3: Kalyani Gopal, Ph.D. (Treatment Issues)

Discussants:

Elaine Burke, Psy.D. Kalyani Gopal, Ph.D

Summary:

The human sex trade is a multi-billion dollar industry globally. UNICEF has reported that every year, at least one million children enter the sex trade, with the US Department of State estimating over 600,000 to 800,000 women and children crossing national borders each year. Sex trafficking of women has a pervasive and devastating impact on women with a vast majority of women being trafficked being under the age of 25 years and mostly entering this industry as children. A landmark 2001 report on Sex Trafficking completed by the Coalition Against Sex Trafficking reported, "the majority of international (75%) and U.S. (64%) women reported that people who recruited and/or trafficked them were connected to pimps in the sex industry. Recruiters, traffickers and pimps are involved in other criminal activity, such as fraud, extortion, migrant smuggling, theft and money laundering, in addition to trafficking and prostitution." In the domestic arena, women and girls are recruited from visible public areas such as malls, clubs, restaurants, and schools. Despite these glaring numbers, less than 1000 slaves in the United States have received assistance. The goal of this symposium is to therefore highlight the plight of women and children and to emphasize the need for global and domestic attention by clinical psychologists. We need to stop neglecting this terrible tragedy. Treatment tools will be provided as part of this symposium to encourage psychologists to work with victims of the slave trade and help return them to a life of dignity and self-worth. A change in even one life will create changes in subsequent generations and release our women and girls from the scourge of slavery which has no place in our society.



Division IV, Section IV 2011 Officers

President (2011)

Dorothy M. Tucker, Ph.D.
drdotdot@earthlink.net



Membership Chair (2011)

Theodore Burnes, Ph.D.
Alliant International University
tburnes@alliant.edu



Past-President (2010)

Division 12 Board of Directors Representative

Elaine A. Burke, Psy.D.
Alliant International University
eburke23@hotmail.com



Member-at-Large (2011)

Beth Rom-Rymer, Ph.D.
Pres-Elect Illinois Psychological Association
Past President APA Div 55
Treasurer APA Div 56
docbnrr@gmail.com



President Elect (2011)

Secretary (2006-2011)

Kalyani Gopal, Ph.D., HSPP, FACAPP
Clinical Psychologist
Mid-America Psychological and Counseling Services
kgopalphd@gmail.com



Awards Chair (2010)

Faith-Anne Dohm, Ph.D.
Fairfield University
fdohm@mail.fairfield.edu



Treasurer (2011-2013)

Cristina L. Magalhaes, Ph.D.
Alliant International University
doctormagalhaes@gmail.com

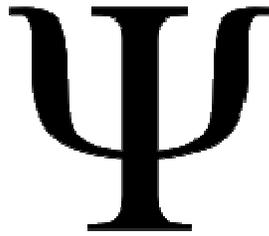


Newsletter Editor (2011)

Anna Karas, M.A.
Alliant International University
akaras@alliant.edu



STAY CONNECTED!



CLINICAL PSYCHOLOGY OF WOMEN

DIVISION 12, SECTION IV

**We will soon be on the
Web! Details coming soon!!**

Join the Division 12, Section IV networking group on LinkedIn, www.linkedin.com. Add the group, APA Section IV, Division 12: Clinical Psychology of Women, to your linked in groups.

- * Stay Connected
- * Follow topics
- *Join in discussions about issues important to you
- *Inform others



Editor's Corner

Dear Members,

Please feel free to send your comments or questions regarding the newsletter to me at akaras@alliant.edu. We appreciate your feedback and welcome ideas or suggestions for future newsletters. I wish you all a safe and healthy new year!

Thank you,

Anna Karas, M.A.

Editor

